

For Immediate Release  
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NOTE: Practice schedules are listed at the bottom.

## **Area YMCA Double Dutch Jump Roping Teams Preparing For National And World Competitions**

June, 2009 -- The reputation of YMCA of Greater Cincinnati double dutch jump roping talent has led to opportunities for young people to teach the sport in Europe (at an international conference), appear in the Disney movie 'Jump', travel across country, and perform locally. Teams as young as third grade have medaled and even won world, national and regional competitions. Now, three branches – and about three dozen athletes – are hard at work preparing for 2009 World and National Competitions later this month.

The Carl H. Lindner YMCA has two teams practicing daily for the National Championship June 24 to June 28 in Galveston, Texas. Its 10<sup>th</sup> grade girls team won the 2006 World Championship and the regional tournament this spring. Its 5<sup>th</sup> grade girls team has twice won the World Championship in 2005 and 2006. (Both teams compete in the singles and doubles divisions.)

The Skyline Community Center has ten teams practicing for the World Championship June 19 and 20 in Sumter, South Carolina. They include: 7<sup>th</sup> grade girls who medaled 3<sup>rd</sup> place in the World Championship last year; 6<sup>th</sup> grade girls who won the World Championship last year; 4<sup>th</sup> grade girls who won the State Tournament last year; 3<sup>rd</sup> grade girls who also won the State Tournament; and two high school teams who won the State Tournament this year and placed fifth at the World Championship last year. (Teams compete in doubles and singles divisions)

The Powel Crosley Jr. YMCA has seven teams practicing for the World Championship. They include: the 5<sup>th</sup> grade singles team who won first place in this year's State Tournament; the 6<sup>th</sup> grade girls singles team who placed second in the State Tournament; the 7<sup>th</sup> grade girls singles team that also placed second in the State Tournament; 8<sup>th</sup> grade girls singles and doubles teams that both were state champions in their division; the 7<sup>th</sup> grade girls singles team that placed third in the State Tournament; and the high school girls who were state champions in the doubles division and won third place in the singles division.

The National Championships are presented by the United States Jump Rope Federation League and the World Championships are presented by the American Double Dutch League.

Double dutch jump roping has developed into an important YMCA program offered as an opportunity to instill positive character values, strong work ethics, a sense of teamwork, and healthy bodies in young people. The Melrose YMCA also teaches double dutch jump roping.

As the area's largest youth and family-focused not-for-profit, the YMCA reinforces character values through assets-based programs and services to more than 143,000 individuals, kids and families annually. Adult mentors encourage young people to be caring, responsible, respectful, and honest through sports, summer camps, structured child and afterschool care, and leadership building programs. Branches offer quality time for families, resources for parents,

and a variety of opportunities for seniors to be active. The Membership for All sliding scale fee structure means everyone, no matter their ability to pay, can always benefit from the YMCA. Last year alone more than 17,400 families and individuals enjoyed healthier and happier lives because generous partners helped the YMCA in its vision to be accessible to all.

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Practice Schedules:

**Carl H. Lindner YMCA teams**

1425B Linn Street in West End

3:30 to 5:30 p.m. Monday – Friday (June 8 to 12 next week and June 11 and 12)

**Skyline Community Center teams**

8500 Pippin Rd; 45231

Thursday, June 11 from 5:00 p.m. to 7:00 p.m.

Saturday, June 13 Noon until 3:00 p.m.

Mt. Airy United Methodist Church

**Powel Crosley Jr. YMCA**

9601 Winton Rd; 45231

Saturday, June 13 from 1:00 to 3:00 p.m.

Tuesday from 6:30 p.m. to 8:00 p.m.