

Water Exercise for Feb 1- March 7, 2010

PCY

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:20 am		Splash Waterpark Gilli		Splash Waterpark Gilli	Aqua Jog Waterpark Mary
9:00-9:50 am	Water Pilates Waterpark Karen		Water Pilates Waterpark Karen		
10:30-11:20 am		Deep Water Indoor Pool Carol H NO DW Feb 2nd		Deep Water Indoor Pool Carol H	
11:05-11:55 am	Water Workout Waterpark Cathy	Arthritis Waterpark Cathy	Water Workout Waterpark Cathy	Arthritis Waterpark Cathy	Water Workout Waterpark Cathy
7:30-8:20 pm	**Splash Water park Tonya		Deep Water Indoor Pool Karen NO DW Feb3rd		

** note if no one shows by the first 15 min of class, class will be canceled.

note: Cards from service center will be required for all classes.

NO DEEP WATER FEB. 2ND OR 3RD