



STUDIO CYCLING SCHEDULE

Fall, begins Sept. 8, 2008



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:45 am Karin		5:45 am Jane		5:45 am Jane	
	9:15 am Britta Plus abs		9:15 am Britta Plus abs	9:15 am Karin	9:15 am Alternating
6:00 pm Jane		6:00 pm Pat			

Token, towel and water bottle are **REQUIRED** for entry into class.