



# **Colerain Lacrosse Club (Clippard Family YMCA)**

Parent/Player Handbook  
2009

## **INTRODUCTION**

Welcome to the Colerain Lacrosse Club (Clippard Family YMCA), We have put this handbook together to tell you a little bit about Lacrosse in general and about our Club's philosophies.

### **COLERAIN LACROSSE CLUB (Clippard Family YMCA) MISSION**

Our mission for the Colerain Lacrosse Club (Clippard Family YMCA) is consistent with the mission statement for the YMCA of the USA. To put Christian principles into practice through programs that build healthy spirit, mind and body for all. We will accomplish this goal through high standards for our players and our coaches.

### **ABOUT THE COLERAIN LACROSSE CLUB (Clippard Family YMCA)**

Clippard Family YMCA Lacrosse Club is in its fifth year. We emphasize quality coaching and training. Our goal is to bring a quality Lacrosse program to athletes in Grade School, Middle School and High School. Our goal is for each and every child to succeed.

### **ABOUT LACROSSE**

Lacrosse is the fastest growing team sport in the nation. School and Community teams are being formed throughout the Midwest. We would like the Colerain Lacrosse Club (Clippard Family YMCA) to be a leader in the sport in the Greater Cincinnati Area.

### **OUR EXPECTATIONS OF COLERAIN LACROSSE CLUB (Clippard Family YMCA) PLAYERS**

We need players who are punctual, who are here to work hard and to pay attention to coaches and cooperate with teammates.

- It is vital to our club to have a deep commitment from each player and family. In order to be a better player you must be committed to improving.
- We know that each player cannot make it to every practice. It is important to attend as many practices as possible. It is mandatory that you inform your coach PRIOR to any absence.
- It is imperative that you follow the rules of the club. A team may have rules established by its coach in addition to Club rules.
- We consider all athletes, student athletes, therefore, we expect all players to strive for the best grades possible.

### **COLERAIN LACROSSE CLUB (Clippard Family YMCA) CLUB CODE OF CONDUCT**

#### **1. SUBSTANCE POLICY**

Use of alcohol, drugs, tobacco is prohibited. Alcohol consumption by minors (under the age of 21) is prohibited by Ohio law. Possession of drugs is illegal. If a player uses any of these substances while competing as a member of a junior team, the team may be declared ineligible for further competition. Thus, use of illegal drugs or alcohol will result in immediate suspension from the Colerain Lacrosse Club (Clippard Family YMCA) Club.

The sale of tobacco products is illegal to persons under the age of 18. Therefore, the use of tobacco carries the same penalty as alcohol and drug abuse.

If a player is suspended for violating the Colerain Lacrosse Club (Clippard Family YMCA) substance abuse policy, the Club Director will specify the terms of the suspension in writing. Each case will be reviewed individually and the Club Director has the authority to

suspend the player for the entire season. Repeat violations may result in expulsion from the club.

A suspended athlete may appeal the suspension in writing. This appeal must be signed by the parent and the athlete, and must be submitted to the Club Director within 14 days of the decision.

## 2. CONDUCT DURING COMPETITION

This section pertains to any competition whether it is a sanctioned game or not. All athletes are subject to the rules of competition and conduct specified by US Lacrosse (See addendum, to this Handbook). These rules require that athletes treat coaches, teammates, opponents, and officials with courtesy and respect.

Coaches will announce the expected arrival time for an event to their team prior to the event. All athletes are expected to arrive on time or give notice to the coach if this is not possible.

Players may not leave competitions early unless excused by the coach.

All players must compete in official uniforms.

**High School players may not drive themselves to away games** (Games not played at Colerain High School or the Clippard Family YMCA).

### WHAT WE EXPECT FROM PARENTS

Please deliver and pick up players on time. Please remember that coaches have families and responsibilities too.

Please watch your son/daughter as he/she competes. **PLEASE DO NOT COACH YOUR CHILD OR ANY OTHER PLAYER DURING A PRACTICE OR A GAME.** Our coaches have been selected because they have training and expertise.

Please demonstrate sportsmanship in the same manner you expect your son/daughter to demonstrate sportsmanship on the field. Any use of profane language, or addressing of another player in a negative manner will result in expulsion from the field.

Please observe the 24 hour rule with the coaches. Do not contact a coach before, during, or after a game for 24 hours. Set up an appointment or talk to them at the end of practice if something needs to be addressed.

Pay fees on time. If fees are not paid, bills cannot be paid on time and players may not be permitted to practice or compete.

With good cooperation between players, parents and coaches we feel that we will have a great season.