

Clippard Family YMCA Group Cycling Schedule January 2nd - February 28, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:45-6:30am Tom		5:45-6:30am Tom			
					7:30-8:30am Mary	
9:00-9:45am Susan		9:00-9:45am Tricia	Cycle 101 8:45-9:15am 1st Thur of Month	9:00-9:45am Susan	8:45-9:30am Chris	
	9:30-10:15am Tina		9:30-10:15am Tricia			
<p><i>New to Cycle? Try our Cycle 101 Class! (1st Thursday of the Month)</i></p>						
7:00-7:45pm Mary		7:00-7:45pm Tricia				
	7:15-8:00pm Amy		7:15-8:00pm Tina			



**** Please arrive 10-15 minutes prior to class start time**

Updated 12/29/09

******SCHEDULE SUBJECT TO CHANGE**