

Clippard Family YMCA Group Cycling Schedule May 4th-August 2nd

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	5:45-6:30am Tom		5:45-6:30am Tom		Marisa/Mary 7:30-8:30am	
9:00-9:45am Susan		9:00-9:45am Amy/Christian/ Tricia	Cycle 101 8:45-9:15am 1st Thur of Month	9:00-9:45am Tricia		
	9:30-10:15am Tina		9:30-10:15am Susan			
<p><i>New to Cycle?</i> <i>Try our</i> <i>Cycle 101 Class!</i> (1st Thursday of the Month)</p>						
		6:00-6:45pm Tina/Marisa				
7:15-8:00pm Mary	7:00-7:45pm Kevin					



**** Please arrive 10-15 minutes prior to class start time**

Updated 5/1/09

******SCHEDULE SUBJECT TO CHANGE**

Please Check Flyers for Memorial Day & July 4th class schedule