

# FERRIS POOL SCHEDULE

Effective June 7, 2010

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7:00 AM							Swim Team 6:00 - 11:00
9:00 AM		Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	
10:00 AM		Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	
11:00 AM	Masters 11:30 - 1:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Masters/Adult Lap 11:00 - 12:00
12:00 PM	Adult Lap 1:00 - 4:00						Adult Lap 12:00 - 4:00
3:00 PM		Swim Team 3:00 - 7:00	Swim Team 3:00 - 5:30	Swim Team 3:00 - 7:00	Swim Team 3:00 - 5:30	Swim Team 3:00 - 7:00	
5:00 PM			Masters/Adult Lap 5:30 - 6:30		Masters/Adult Lap 5:30 - 6:30		
6:00 PM		Adult Lap 7:00 - 9:00	Adult Lap(4) 6:30 - 9:00	Adult Lap 7:00 - 9:00	Adult Lap(2) Swim Team(4) 6:30 - 9:00		
7:00 PM			Liquid Cardio/Adult Lap (3) 7:30 - 8:30		Liquid Cardio/Adult Lap (3) 7:30 - 8:30		
8:00 PM							
9:00 PM							

**Number of lanes subject to change to accommodate pool usage.**

*Ferris Pool Lap Lanes available for members 16 years of age and over*

Whirlpool Hours:

Monday - Thursday: 7:30 am - 3:00 pm & 5:30 pm - 9:00 pm

Friday 7:30 am - 3:00 pm

Saturday 11:00 am - 4:00 pm

Sunday 12:00 pm - 4:00 pm