

FERRIS POOL SCHEDULE

Effective January 28, 2010

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
5:00 AM		Swim Team 5:15 - 7:30	Swim Team 5:15 - 7:30	Swim Team 5:15 - 7:30	Swim Team 5:15 - 7:30	Swim Team 5:15 - 7:30	
7:00 AM		Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Adult Lap 7:30 - 9:25	Swim Team 6:00 - 11:00
9:00 AM		Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	Hydro'robics 9:30 - 10:30	
10:00 AM							
11:00 AM							Masters/Adult Lap 11:00 - 12:00
12:00 PM	Masters 11:30 - 1:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	Adult Lap 10:30 - 3:00	
1:00 PM							Adult Lap 12:00 - 6:00
3:00 PM	Adult Lap 1:00 - 6:00	Swim Team 3:00 - 5:30	Swim Team 3:00 - 5:30	Swim Team 3:00 - 5:30	Swim Team 3:00 - 5:30		
5:00 PM		Adult Lap 5:30 - 6:30	Masters/Adult Lap 5:30 - 6:30	Adult Lap 5:30 - 6:30	Masters/Adult Lap 5:30 - 6:30		
6:00 PM		Adult Lap(2) Swim Team(4) 6:30 - 7:00	Adult Lap(2) Swim Team(4) 6:30 - 7:30	Adult Lap(2) Swim Team(4) 6:30 - 7:00	Adult Lap(2) Swim Team(4) 6:30 - 7:30	Swim Team 3:00 - 9:15	
7:00 PM	Swim Team 6:00 - 8:00		Liquid Cardio/Adult Lap (1) 7:30 - 8:30		Liquid Cardio/Adult Lap (1) 7:30 - 8:30		
8:00 PM		Swim Team 7:00 - 9:15	Lap/Adult Lap 8:30 - 9:30	Swim Team 7:00 - 9:15	Lap/Adult Lap 8:30 - 9:30		
9:00 PM							

Number of lanes subject to change to accommodate pool usage.

Ferris Pool Lap Lanes available for members 16 years of age and over.

Whirlpool Hours:

Monday - Thursday 7:30 am - 3:00 pm & 5:30 pm - 9:00 pm

Friday 7:30 am - 3:00 pm

Saturday 11:00 am - 6:00 pm

Sunday 12:00 pm - 6:00 pm