

MAIN POOL SCHEDULE

Effective: September 2, 2008

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 am							
6:30 am							
7:00 am							
7:30 am		Adult Lap 5:30-8:55	Adult Lap 5:30-8:25	Adult Lap 5:30-8:55	Adult Lap 5:30-8:25	Adult Lap 5:30-8:55	Adult Lap (6) 6:30-8:25
8:00 am							
8:30 am							
9:00 am			Silver Splash/ Aqua Motion 8:30-9:30		Silver Splash/ Aqua Motion 8:30-9:30		
9:30 am		Aqua Motion/ Silver Splash 9:00-10:00		Aqua Motion/ Silver Splash 9:00-10:00		Aqua Motion/ Silver Splash 9:00-10:00	
10:00 am		Lessons 10:00-11:00	Lessons Adult Lap (1) 9:30-11:00	Lessons 10:00-11:00	Lessons Adult Lap (1) 9:30-11:00	Lessons (4) Lap (2) 10:00-11:00	Lessons 8:30-12:45
10:30 am		Warm Water Workout 11:00-12:00	Warm Water Workout 11:00-12:00	Warm Water Workout 11:00-12:00	Warm Water Workout 11:00-12:00	Warm Water Workout 11:00-12:00	
11:00 am							
11:30 am							
12:00 pm							
12:30 pm		Recreational 12:00-1:00	Recreational Swim 12:00-1:30	Recreational 12:00-1:00	Recreational Swim 12:30-1:30	*Recreational 12:00-1:00	
1:00 pm		Adult Lap (4) Lessons (2) 1:00-1:30		Adult Lap (4) Lessons (2) 1:00-1:30		Adult Lap (4) Lessons (2) 1:00-1:30	
1:30 pm			Swim Lessons 1:30-2:30	Swim Lessons 1:30-2:30	Swim Lessons 1:30-2:30		
2:00 pm		Swim Lessons 1:30-2:30		Swim Lessons 1:30-2:30	Swim Lessons 1:30-2:30		
2:30 pm			Home School Swim 1:00-3:00	Home School Swim 1:00-3:00			
3:00 pm							
3:30 pm	Recreation 12:00- 6:00	* Recreational 2:30-4:30	* Recreational 2:30 - 4:00	* Recreational 2:30-4:30	* Recreational 2:30 - 4:00	* Recreational 1:30-5:00	Recreational 12:45-7:00
4:00 pm							
4:30 pm			Adult Lap (2) 4:00-4:30		Adult Lap (2) Lap (2) 4:00-4:30		
5:00 pm		Adult Lap (1) Swim Team (4) Lessons (1) 4:30-5:30	Adult Lap (1) Lessons (5) 4:30-6:00	Adult Lap (1) Swim Team (4) Lessons (1) 4:30-5:30	Adult Lap (1) Lessons (5) 4:30-6:00	Lessons (1) Adult Lap (2) Swim Team (3) 5:00-6:00	
5:30 pm		Swim Lessons 5:30-7:30	Adult Lap (3) Lessons (3) 6:00-6:30	Swim Lessons 5:30-7:30	Adult Lap (3) Lessons (3) 6:00-6:30	Adult Lap (2) Lesson (1) 6-6:30	
6:00 pm			Swim Team (4) Lessons (1) Adult Lap (1) 6:30- 7:30	Swim Team (4) Lessons (1) Adult Lap (1) 6:30- 7:30		Adult Lap (2) Lesson (1) 6-6:30	
6:30 pm		Deep Water 6:00 - 6:45		Deep Water 6:00 - 6:45		Deep Water 6:00-6:45	
7:00 pm							
7:30 pm							
8:00 pm							
8:30 pm		Recreational 7:30-9:00	Open (3) Adult Lap (2) Lessons (1) 7:30-8:15	Recreational 7:30-9:00	Swim Team (5) Adult Lap (1) 6:30-9:00	Recreational 6:45-9:00	
9:00 pm			Adult Lap (1) Lessons 8:15-9:00				
9:30 pm							
10:00 pm							
			Adult Lap (3) 9:00-10:00 Scuba Class (3) T, W & TH				

Adult Lap: Lap lanes available for members 18 & over
 Recreational: Lanes 1, 2 & 3 Open (*Small area for Day Care Swim Lessons)
 Lanes 4 & 5 Adult Lap
 Lane 6 Lap
 Lane 6 Lesson Lane

Pool closed for swim meet: Fri. Nov. 21, at 3:00pm, Sat. Nov. 22, Sun. Nov. 23 and
 Sat. Dec. 20 8:30am - 2:00pm.

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