

**Blue Ash YMCA**  
**Saturday Cycling Class Monthly Instructor**  
**Rotation**  
(effective 7/1/08)

1<sup>st</sup> Sat 7:15am – Mitch 8:30am – Amy

2<sup>nd</sup> Sat 7:15am – Valerie 8:30am – Heidi

3<sup>rd</sup> Sat 7:15am – Chris 8:30am – Heidi

4<sup>th</sup> Sat 7:15am – Bob 8:30am – Chris

5<sup>th</sup> Sat 7:15am – Bob 8:30am – Valerie

